



ESPEN FACT-SHEET

NUTRITIONAL CARE IS A HUMAN RIGHT

The International Declaration on the Human Right to Nutritional Care "Vienna Declaration"

Endorsed by the four major international Clinical Nutrition Societies ASPEN, ESPEN, FELANPE and PENZA in conjunction with representatives of patients' associations (EPF), dietitians (EFAD), and a global network of more than 70 national Societies.



RIGHT TO FOOD

the right to adequate food
and the right to freedom
from hunger and
malnutrition



RIGHT TO NUTRITIONAL CARE

Screening for malnutrition
Diagnosis and assessment of DRM
Food and evidence based medical
nutrition therapy (including ANH)



RIGHT TO HEALTH

the right to the enjoyment
of the highest attainable
standard of physical and
mental health

AIMS

1



Promote the recognition of the human right to nutritional care for all people with or at risk for disease related malnutrition, and the respect for **human dignity** in accordance with international laws on human rights and bioethics

2



Provide a frame of reference whose principles serve as the basis to the future **development of actions plans** from **Clinical and Scientific Societies** and any stakeholders in **clinical nutrition**

3



Define core values, goals, and principles to enhance the quality of care in clinical nutrition and to **raise awareness** of disease-related malnutrition and of the **lack of nutritional care access**.

PRINCIPLES

1



Fulfillment of the right to nutritional care

Public health policy must make the fulfillment of the right to nutritional care a fundamental axis in the fight against disease-related malnutrition

2



Clinical Nutrition Education & Research

Clinical nutrition education and research are a fundamental axis of the respect and the fulfillment of the right to nutritional care.

3



Ethical principles and values

Ethical principles and values in clinical nutrition including justice and equity in nutritional care access are basis for the right to nutritional care.

4



Institutional culture

Nutritional care requires an institutional culture that follows ethical principles and values and an interdisciplinary approach.

5



Patient empowerment

Patient empowerment is a key enabler to necessary action to optimize nutritional care.